



Public Health
England

Health and Work Spotlight on Mental Health



Almost

1 in 6

people of working age
have a diagnosable
**mental health
condition**

Mental health conditions are a leading cause
of sickness absence in the UK



were lost to
**stress, depression
and anxiety' in
2014 –**
an increase of 24% since 2009



19%

**long-term
sickness
absence**

in England **attributed
to mental ill health**

In 2015, some **48%** of
**Employment and Support
Allowance recipients**

had a '**Mental or Behavioural disorder**'
as their primary condition

Each year
mental ill-health
costs the economy
an estimated

£70bn

through lost productivity, social benefits
and health care.



Of people with
physical long
term conditions,

1 in 3

also have
mental illness,
most often depression
or anxiety

Work can be a
cause of stress
and common mental
health problems:
in 2014/15
9.9m days
were lost to
**work-related
stress,
depression
or anxiety**



In 2016,

42.7%
employment rate

for those who report mental illness
as their main health problem (Mental
illness, phobia, panics, nervous
disorders (including depression, bad
nerves or anxiety. **Compared to
74% of all population**