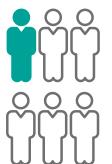


Health and Work Spotlight on Mental Health





Almost

1 in 6

people of working age have a diagnosable mental health condition

Mental health conditions are a leading cause of sickness absence in the UK



were lost to
stress, depression
and anxiety' in
2014 —
an increase of 24% since 2009



long-term sickness absence

in England attributed to mental ill health

In 2015, some **48%** of

Employment and Support Allowance recipients

had a 'Mental or Behavioural disorder' as their primary condition

Each year mental ill-health costs the economy an estimated



£70bn

through lost productivity, social benefits and health care.



Of people with physical long term conditions.

1 in 3 also have mental illness, most often depression

or anxiety

Work can be a cause of stress and common mental health problems: in 2014/15
9.9m days were lost to work-related stress, depression or anxiety



42.7% employment rate

for those who report mental illness as their main health problem (Mental illness, phobia, panics, nervous disorders (including depression, bad nerves or anxiety. **Compared to 74% of all population**